

# PANDEMIC AWARENESS

## About this course

The COVID-19 outbreak that started in 2019 changed the way people act and businesses behave. Although it was only one of five pandemics to strike in a ten year period, the impact was severe.

This course explores COVID-19 as well as general pandemic awareness. It provides an overview of the simple measures people can take to protect themselves and others around them, covering topics such as hand washing, social distancing and personal protective equipment.

The purpose of the course is to educate everyone on how to prevent viruses from spreading and in doing so helps employees to protect themselves, those they work with and their families and friends.



## Suitable for:

This course is suitable for all employees.



## Course covers:

The main causes of pandemics.

How viruses spread and how to limit it.

How to minimise the impact of COVID-19 and other viruses such as influenza.



Health & Safety Essentials

This course is included in our Health & Safety Essentials pack which also includes:

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